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DIVISION **TRAUMA PSYCHOLOGY**

AMERICAN PSYCHOLOGICAL ASSOCIATION

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2006 **APA** Convention

New Orleans

Earnest N. Morial **Convention Center**

Presidential Voice

Nightmares, Traumas, and Jumping Over Hurdles

Judie Alpert, PhD President. Division 56

The need for a division of trauma psychology came to me, literally, in the middle of a professional nightmare.

It was sometime around the early to mid-1990s. I was serving on the American **Psychological Association** Working Group on Memories of Childhood Abuse. There were six of us in the group and, for purposes of ease, three of us were labeled "scientists" (Stephen Ceci, Peter Ornstein, and Elizabeth Loftus) and three of us were labeled "practitioners" (Christine Courtois, Laura Brown, and me). I put these labels in quotes because, in fact, the labels are not fully telling. While I am in private practice, for example, I am a scientist-practitioner with a PhD who teaches in a scientist-practitioner doctoral training program, In addition, I do research, although my research differs from the more traditional research of my scientist colleagues. Similarly, some of the others on the working group also have more complex backgrounds than the label "scientist" or "practitioner" would indicate.

You may wonder about the professional nightmare which led me to envision a division of trauma. During the time that the six members of the working group were told to develop a position on recovered memories, there was a battle raging in the press as well

NEWSLETTER



Judie Alpert, PhD

as in academia and in many homes. While some people understood how it was possible to forget to put out the garbage, they could not understand how one could "forget" that they were sexually abused. Others were sure it was possible. APA wanted psychology to put forth a cohesive position on this and related issues. Stated simply, when psychologists served as expert witnesses on opposite sides

on this issue, it confused the public and made psychology appear harebrained. The hope was that the working group would arrive at a united place.

So, the six of us set to work. What I learned is that "scientists" and "practitioners" read different books, contributed to different journals, located their books and journals on different floors of the same library, used the same words to communicate different messages, and talked to different

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Presidential Voice

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groups of people. And, most important to this commentary, scientists and practitioners, in general, belonged to different divisions. As a result, we did not know each other. We did not know each other from working together on committees, or from developing and working on symposium, or from talking during social hours. The trust and understanding were not there. We were in trouble. This was my nightmare.

I believe that something good came from that working group. In addition to a series of valuable publications in the 1998 Journal of Psychology, Law, and Social Policy, the debate, dispute, and wiles, while not always pleasant, resulted in all of us being able to conceptualize a more scientificallyinformed approach to practice around trauma and a more practice-informed approach to research on trauma.

Anyway, the need for a division of trauma psychology came to me during this experience. It became clear to me that we needed a structure which focused on trauma and where scientists and practitioners inform each other about their research and practice.

Up to now it may sound as if I single-handedly developed and organized the division. This is not the case. There were many people who were involved early on and who held the same vision. In fact, while I would like to identify them all, there are too many to name in this brief piece. I mention Terry Keane only as we began the snowball together. Also while many divisions helped in numerous ways, Division 39 (the Division of Psychoanalysis) stands out in terms of supporting us in many ways. At the present time we have a full house of hard workers, good thinkers, and lively folk who are part of our Executive Committee as indicated on the masthead. I need to single out Bob Geffner who seems to be endowed with the ability to not need sleep. The point is: by no means am I the Lone Ranger in the Division.

Thus, the purpose of the Division of Trauma Psychology is to provide a forum for scientific research, professional and public education, and the exchange of collegial support for professional activities related to traumatic stress. The Division of Trauma Psychology will allow for cross-fertilization between scholars and practitioners from different specialties within psychology and should result in greater growth of assistance to people in need. We have a lot to do. We want to work to: improve health service delivery, integrate diverse areas of study, promote training in the area of traumatic stress, develop an integrated journal for the field and, along with APA, influence funding agencies to better understand the public health consequences of trauma exposure and PTSD. These are just a few of many aims.

My nightmare is now over. Science and practice will know each other from working together on committees, from developing and working on symposium, and from talking at social hours. The trust and understanding will grow. We will make a difference. Without question, Division 56 will be a place where scientists and practitioners can engage together around issues relevant to trauma. To facilitate this, we have a Science Committee (chaired by Jennifer Freyd) and a Practice Committee (chaired by Christine Courtois). In addition to each of these two committees working independently, they will engage in joint projects. Also, we want to form special interest groups which deal with a number of different traumas, such as national disasters, terrorism, combat, rape, domestic violence, physical and sexual abuse, refugees, torture survivors, prisoners of war, community violence, occupational traumatic stress, certain chronic and acute illnesses and medical and surgical procedures, and so on. And while scientists and practitioners, will work together in each group to enrich research and practice, we will also work toward integrating diverse areas of study. These interest groups will be discussed in August, at the Division 56 business meeting in New Orleans. Come to the meeting and discuss them with us. Regardless, you will be hearing more about them and, hopefully, joining one.

It takes time to get a division up and running. Usually, within established divisions, new committee chairs have already served on the designated committee and know how the committee needs to proceed. Since we are a new division, the mission and agenda of the committees are currently being developed and there is no "old chair" to mentor the new. Please be patient with us. In fact please join us and help us to develop plans.

Consider 9-11. Consider Katrina. Consider the Tsunami. The world is changing. Psychology is changing. Now that we are a division, at least one important change is reflected in the APA organizational structure. Trauma studies is a rapidly developing field and we are planning to be at the forefront of its development. In the past 25 years, the number of journals related to trauma has grown and the number of journals related to specific types of trauma has multiplied. We will contribute to that growth. I have seen many failures in start-up businesses and restaurants in New York where I live and work. To my knowledge, new divisions do not fail. I think they don't because one needs to pass a number of stumbling blocks in order to become a division. We have passed those obstacles. Now we face the hurdle of making a difference. Please join us in jumping over hurdles.

Become a Part of APA History

Don't forget to submit your Membership Application and an opportunity to be in the forefront and history making with Division 56!

Special Charter Member Status will be granted for all memberships with paid 2007 renewal dues by August 31, 2006. This special status within the Division will also be celebrated with a distinctive commemorative "Charter Membership" certificate and listing in the featured "Charter Members" section of the Winter 2007 issue of the **TRAUMA PSYCHOLOGY NEWSLETTER**.

Meet Your Leadership

Judith L. Alpert, PhD, President

Dr. Judie Alpert is Professor of Applied Psychology at New York University where she is Co-Director of the School Psychology Programs as well as the Co-Director of the Trauma and Violence Transdisciplinary Studies Program. She



is also a faculty member and supervisor at New York University's Postdoctoral Program in Psychotherapy and Psychoanalysis. She has a private practice in New York City as well. Dr. Alpert is the author of four edited books and over 100 chapters and articles. Her writing focuses on sexual abuse trauma and recovered memories of trauma; women's issues; mental health consultation; and school psychology. Recently, she has begun writing in the area of physical illness and trauma. Dr. Alpert served as Co-chair of the American Psychological

Association's Working Group on Investigation of Memories of Childhood Abuse. She has also served on numerous publication editorial boards, APA Boards, the APA Council of Representatives, and has held many elected offices within several divisions of the American Psychological Association.

Robert Geffner, PhD, President-Elect

Robert Geffner, PhD, is: Founder and President of the Family Violence and Sexual Assault Institute in San Diego, CA; President of Alliant International University's (AIU) new Institute on Violence, Abuse and Trauma (IVAT); Acting Director of AIU's Center for Forensic Studies; Clinical Research Professor of Psychology at the California School of Professional



Psychology, AIU, San Diego; Licensed Psychologist and Licensed Marriage & Family Therapist in California and Texas; Co-Editor-in-Chief of Haworth's Maltreatment and Trauma Program, which also includes being the Editor of three internationally disseminated journals (*Journal of Child Sexual Abuse* and *Journal of Aggression, Maltreatment*, & Trauma, and co-editor of *Journal of Emotional Abuse*, and the forthcoming

Journal of Child and Adolescent Trauma, all internationally disseminated); and former clinical director of a large private practice mental health clinic in East Texas for over 15 years. He has a Diplomate in Clinical Neuropsychology and in Family Psychology. He served as an adjunct faculty member for the National Judicial College for 10 years, and was a former Professor of Psychology at the University of Texas at Tyler for 16 years. He has also been a researcher and consultant for more than 25 years.

Publications include recent treatment manuals (e.g., Treatment of Women Arrested for Domestic Violence: Women Ending Abusive/Violent Episodes Respectfully—WEAVER Manual, 2002, with M. Koonin & A Cabarcas; Ending Spouse/ Partner Abuse: A Psychoeducational Approach for Individuals and Couples, 2000, with C. Mantooth), edited books concerning family violence and child maltreatment (e.g., Identifying & Treating Youth Who Sexually Offend, with K. Franey, T. Arnold, & R. Falconer, 2005; Identifying & Treating Sex Offenders, 2004, with K. Franey, T. Arnold, & R. Falconer; Effects of Intimate Partner Violence on Children, 2003, with R. Igelman & J. Zellner; Domestic Violence Offenders, 2002, with A. Rosenbaum; Bullying Behavior: Research, Interventions, and Prevention, 2001, with M. Loring & C. Young; The Cost of Child Maltreat-

ment: Who Pays? We All Do, 2001, with K. Franey & R. Falconer; and *Children Exposed to Domestic Violence*, 2000, with P. Jaffe & M. Sudermann), and numerous book chapters, journal articles and research papers concerning family violence, trauma, sexual assault, child abuse, family and child psychology, custody issues, forensic psychology, neuropsychology, and diagnostic assessment. He has also served on several national and state committees dealing with vari-



ous aspects of family psychology, family violence, child abuse, and family law. He has presented over 450 keynote addresses, plenaries, workshops, and seminars at international, national, regional, and state conferences or meetings.

Kathleen Kendall-Tackett, PhD, Secretary

Dr. Kendall-Tackett is a health psychologist, Fellow of the American Psychological Association, and an International Board Certified Lactation Consultant. She is a research associate professor of psychology at the Family Research Lab and Crimes against Children Research Center, University of New Hampshire. Dr. Kendall-Tackett is on the editorial boards of Child Abuse & Neglect and Journal of Child Sexual Abuse, and is widely published in the fields of family violence, maternal depression, perinatal health, and disability. She is author or editor of 13 books including Treating the Lifetime Health Effects of Child Victimization (2003, Civic Research Institute), The Health Consequences of Abuse in the Family (2004, American Psychological Association), Depression in New Mothers (2004, Haworth), and Handbook of Women, Stress and Trauma (2005, Taylor & Francis). Her Web site is: www.GraniteScientific.com.

Melba J.T. Vasquez, PhD, Treasurer

Dr. Melba Vasquez is a psychologist in full-time independent practice in Austin, Texas. She has published extensively in the areas of professional ethics, ethnic minority psychology, psychology of women, and supervision



and training. She is the co-author, with Ken Pope, of *Ethics in Psychotherapy & Counseling: A Practical Guide* (1998, Jossey-Bass) and of *How to survive and thrive as a therapist: Information, ideas and resources for psychologists in practice* (2005, American Psychological Association). She is 2006 president of the Texas Psychological Association, and is a past President of APA Divisions 35 (Society of Psychology of Women) and 17 (Society of Counseling Psychology). She is currently a Council Representative from Division 42 (Psychologists in Independent Practice).

Be There at the Beginning: The Emerging Field of Trauma Psychology

Kathleen Kendall-Tackett, PhD Secretary, Division 56

Natural disasters. Terrorism. Rape. Child maltreatment. Our nightly news highlights these horrifying events, and indicates that the experience of trauma is a common one-even in the U.S. According to the National Center on Posttraumatic Stress Disorder, 61% of men and 51% of women have experienced at least one traumatic event in their lives. More astonishingly, 10% of men and 6% of women have experienced four or more traumatic events. As indicated by these statistics, a relatively high percentage of people that psychologists either treat or study have a traumatic past. The new Division of Trauma Psychology will equip psychologists to provide skillful and compassionate care, and to be at the forefront of trauma research.

Trauma's Deadly Toll

Traumatic events can have a lifelong impact. Psychological trauma is at the root of many mental illnesses including depression, substance abuse, eating disorders, high-risk behavior, and of course, posttraumatic stress disorder. Trauma can also have a negative impact on physical health. Research over the past 10 years has also revealed that people who have suffered trauma are at dramatically increased risks for premature mortality and serious illnesses such as diabetes, cardiovascular disease, liver and lung disease, and cancer. Consider some of the most vexing and expensive health problems facing our health care system today—HIV, substance abuse, chronic pain, depression. Trauma survivors are overrepresented in all these populations of patients (Kendall-Tackett, 2003, 2004). As psychology becomes more active in promoting physical health, and in being a health care field, knowledge of trauma will be essential to good practice.

What We Hope to Accomplish

We have set a bold goal for our new Division. We desire nothing less than to formulate a specific psychology of trauma. We seek to provide a forum for this emerging new field, and facilitate collaboration between scientists and practitioners. With these goals in mind, our mission is a follows: *The APA Division of Trauma Psychology provides a* forum for scientific research, professional and public education, and the exchange of collegial support for professional activities related to traumatic stress. By doing so, we facilitate a state-of-the-art response by psychologists and move our understanding of trauma psychology forward.

Projects for Our New Division

The Division of Trauma Psychology can provide a number of important services to both APA as a whole, and to individual members. Here are some of the planned projects and services we hope to provide.

- Training: Training for Graduate Students, Interns, and Fellowships in the area of traumatic stress exposure and PTSD.
- Health Service Delivery: Our members will work toward improving health service delivery in mental health and in physical health for people with trauma exposure.
- Emergency Preparedness: The Division of Trauma Psychology will provide psychologists with the tools they need to respond to crisis situations, and inform U.S. policy for Homeland Security.
- Integration: Our members will integrate diverse areas of study such as: combat, rape, domestic violence, child physical and sexual abuse, refugees, torture survivors, prisoners of war, community violence, and occupational traumatic stress. There will be an effort to understand the underlying principles leading to the development of psychopathology, disability, and distress as well as leading to resilience and mental and physical health. Also, there will be an effort to integrate knowledge from clinicians into research and knowledge from research into practice.
- Academic Support: We seek to support academic researchers studying these diverse areas, and develop an integrative journal for the field. The effort will be to further a more practice-informed approach to trauma research and a more scientifically informed approach to trauma practice.
- Funding: We will work in conjunction with federally funded centers of excellence to support clinicians, researchers, and students in the area. There are now national Centers for Trauma funded for both adults and children. Work with APA to influence funding agencies both private and public to understand the public health consequences of trauma exposure and PTSD.
- Publications: Our members will produce publications on a wide range of trauma-related topics including:
 - 1. Psychological treatments and effects
 - 2. Pharmacological treatments and effects
 - 3. Promotion of education about effects of and treatment for trauma
 - 4. Assessment and diagnosis
 - 5. Psychopathology
 - 6. Pathophysiology
 - 7. Health services (delivery of services to trauma populations)

Be There at the Beginning...

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- 8. Epidemiological studies and risk factor studies
- 9. Neuroimaging studies

And this is only the beginning. As you can see, the opportunities are many. This is your chance to have a significant impact on a developing field. We hope that you will join with us in this exciting new endeavor.

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Trauma and Diversity Issues

Melba J. T. Vasquez, PhD Treasurer, Division 56

Part of the mission statement of our new APA Division on Trauma Psychology identifies traumatic stress as a major factor in the health and well-being of people who have experienced chronic poverty, injustice, childhood abuse, adult assault, war, sudden loss of loved ones through homicide, natural and human induced disasters, and so on. These are, unfortunately, experiences that a significant portion of people of color in society experience. Discrimination is a significant source of stress. Many (Marsella, Friedman, Gerrity, & Scurfield, 1996) have conceptualized these experiences as either direct or insidious trauma.

I am still learning to manage my personal posttraumatic stress symptoms that are evoked whenever I perceive or experience discrimination, including various forms of injustice toward others. I experience low mood, high anxiety, sleepless nights, nightmares, intrusive thoughts about past events, and obsessive thoughts about current incidents. I have to manage increased irritability, shame and impulse to withdraw from activities. The support of my friends and colleagues is critical in my ongoing healing process. I work through these symptoms in a variety of ways, including through some professional activities related to training, writing and policy development. I work with clients in my practice who also have to manage these symptoms on a very regular basis.

The relevant research literature about the traumatic effects of discrimination has been evolving, and this division will provide one important place where research, teaching, practice and policy development can be supported. Maria Root (2003) conceptualized how people of color experience insidious, chronic trauma through the experience of discrimination. This has a long term effect, documented by work such as Claude Steel's (1997) stereotyped threat. Stereotyped threat is a phenomenon that happens for people when they believe that there are certain negative stereotypes about their abilities—they tend to get threatened, anxious, and to underperform. Shame, anxiety and fear may lead to attempts to try harder, "choke under pressure" and perform significantly lower than they would under non-threatening conditions. I conceptualize this as symptoms of PTSD.

Research has begun to emerge to identify vulnerabilities of certain groups, as well as protective factors for groups. Pole, Best, Metzler, Marmar (2005) for example, found that Hispanic American police have higher rates of posttraumatic stress disorder than non-Hispanic Caucasian and Black American police, and that greater perceived racism was one of the important variables in explaining the elevated PTSD symptoms. What might be the protective factors for Black American police?

Our new division will provide greater visibility for several trauma journals published by Haworth Press. The Journal of Aggression, Maltreatment & Trauma, for example, has provided an outlet for addressing various related issues for diverse groups, including violence in low-income neighborhoods (Lott, 2003), violence exposure and PTSD among delinquent girls (Wood, Foy, Goguen, Pynoos, James, 2002), and several special issues were dedicated to the trauma of terrorism, including the voices of unique and diverse groups (for example, see Geffner, Ed., 2004 volume 9, numbers 1/2). These are examples of research that inform our evidence supported treatments.

I am pleased to have a Division where many of us can obtain and provide support for the trauma related professional activities of interest such as research, teaching, practice and policy development. I hope all members find it to be a "home" for their work and interests as well.

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Membership Committee

Join the Division of Trauma Psychology! (Division 56 of the American Psychological Association)

Sandra Mattar, PsyD Chair, Membership Committee

Division of Trauma Psychology (Div. 56) is the new home for psychologists and others interested in trauma. Established in 2006, the Division offers an organizational structure in which scientists, practitioners, and scientist-practitioners can meet and work together.

Our goal is to further the development of the field of psychological study of trauma and disaster in its scientific, professional, educational, and public policy aspects. The Division also helps to advance scientific inquiry, training, and professional practice in the area of trauma treatment and research as a means of furthering human welfare.

We welcome all psychologists and other individuals in the mental health field who have an interest in trauma psychology.

Why should you join the Division of Trauma Psychology?

- It is the only APA Division solely devoted to the study of psychological trauma and its impact on society.
- If you do research on any aspect of traumatic stress, join to further develop the growth of the scientific basis of the field and to meet other professionals working in trauma psychology.
- If you work with survivors of trauma, join to become part of the conversation about treatment and research on intervention, and to meet other professionals working in trauma psychology.
- If you teach a course on trauma, join to meet colleagues and develop and learn the cutting-edge research and literature.

Membership

Membership in Division 56 is open to all APA Members, Associate Members, and Fellows. Additionally, we have two other categories of membership: Professional Affiliates and Student Affiliates.

- *Charter Member Status*: Receive "special" status, complete with certificate of recognition for all membership/ renewal dues paid by August 31, 2006.
- *Professional Affiliate*: For professionals in the field of trauma studies who are not members of the APA but wish to be involved in the Division of Trauma Psychology.
- *Student Affiliate*: For those who are currently matriculated students in psychology or a related field.

Membership Benefits

- Members keep up-to-date on the latest developments in trauma psychology
- Members also get 20 percent discounts on journals in the field of trauma:
 - * Journal of Psychological Trauma (Formerly Journal of Trauma Practice)
 - * Journal of Trauma & Dissociation
 - * Journal of Aggression Maltreatment and Trauma
 - * Journal of Child Sexual Abuse
 - * Journal of Emotional Abuse
- A Trauma newsletter
- Participation in the Division's annual meetings
- Voting privileges to elect representatives

We encourage you to become active on one of our many committees. Please contact us! You can reach us through the APA website (Division 56).

Practice Committee

Practice Committee Mission

Christine A. Courtois, PhD Chair, Practice Committee

The Practice Committee of Division 56 is concerned with all aspects of the treating the effects of psychological trauma. With help from Division 56 members, and as time permits, we will monitor the state of the field, identify areas of need for training and research, funding and dissemination, and look for ways to help provide informational resources to Division members. We look forward to collaborating with the Science Committee and fostering cross-fertilization between science and practice perspectives. We expect to recommend individuals to be put forward for fellow status, and to encourage practitioners to run for Division office. We are available to respond to issues that are identified by the Executive Council, and to initiate special projects for which a mandate is developed and a task force is appointed.

We will be responsible for authoring and/or soliciting summary articles for the Division newsletter (and archived on the Division web site) that address such topics as (1) articulating the scope of psychological traumas (e.g., war, disaster, and intentional traumas such as child abuse and interpersonal violence); (2) highlighting our current state of knowledge regarding the treatment of the physical and mental health impact of all forms of trauma, (3) developing training guidelines for competency in trauma treatment, (4) encouraging the inclusion of trauma studies in the professional psychology curriculum, (5) providing practical and conceptual guidelines regarding ethics, risk management, and self-care of the clinician in the treatment of psychological trauma, and (6) identifying the need for significantly increased and coordinated funding for research on the efficacy of treatment approaches, curricular inclusion, and training in the treatment of various types of psychological trauma.

Program Committee

Exciting First "Official" Division 56 Convention Program... After Six Years of "Unofficial" Presence

Steven N. Gold, PhD Chair, Program Committee

As gratifying as it is to be announcing the first convention program of the newly formed Division of Trauma Psychology, it also seems in some ways inaccurate. Many of us in the division are keenly aware that this is not entirely a first. Like many of you reading this, I remember with fondness the highly charged atmosphere of almost conspiratorial excitement at the 2000 Annual APA Convention in Washington, DC when several dozen psychologists convened to discuss the possible formation of a trauma division. By the end of that meeting the group had an initial plan, and a name-the Trauma Interest Group. Each year since then there has been a similar meeting of the Trauma Interest Group at the APA annual convention, leading this year to the approval of Division 56, the Division of Trauma Psychology. So, while this is the first *official* program of Division 56, it is simultaneously the continuation of a now seven-year-old tradition.

The quirks of the APA calendar render the process of assembling a new division's convention program a rushed but truncated enterprise. Although APA Council votes on the establishment of new divisions in February, convention submissions are due in late November or early December, and material for the convention program must be submitted to APA headquarters by early March. There was literally, therefore, less than a two week window between formation of the division and the deadline for assembling and submitting the division program to APA. This would simply not have been possible without the considerable time and assistance of Division 56 president Judith Alpert and president-elect Robert Geffner.

The restricted time frame provided for developing the program was balanced out by strict limitations on the number of convention hours allowed for new divisions. Since convention hours are apportioned primarily based on division balloting, a process that occurs in November and December, new divisions are only accorded a total of six hours of program time. Those hours can be divided between a business meeting, an executive committee meeting, a social hour, and one substantive session.

Our substantive meeting will be a one hour, fifty minute symposium titled "Treating Traumatized Children and Families." It will be chaired by Division president Judith Alpert, who will serve as co-discussant with Division president-elect Robert Geffner. Mary Gail Frawley-O'Dea, independent practice, Charlotte, North Carolina, will discuss "Treating Survivors of Clergy Abuse and Their Families: Trauma and Spiritual Bereavement." Lenore Walker, Nova Southeastern University, Fort Lauderdale, Florida, will present on "Treating Battered Mothers and Their Traumatized Children." Terence Keane, of the Boston University School of Medicine and VA Boston Healthcare System will address "Innovations in Treatment of Returning OIF/OEF Combat Veterans and Their Families." Melba J. T. Vasquez, independent practice, Austin, Texas, will explain "Why Cross-Cultural Competence Must Inform Trauma Treatment of Children and Families." University of Oregon professor Jennifer Freyd will speak about "Using Research to Inform Trauma Treatment: Insight from Betrayal Trauma Studies." The symposium was designed not only to cover a broad spectrum of topics in the field of trauma, but also to reflect the Division leadership's commitment to addressing the needs and interests of both researchers and practitioners. It will be held Friday, August 11th from 4:00 pm to 5:50 pm in Room 345 of the Morial Convention Center.

The remainder of the Division 56 convention program is scheduled to take place on Saturday, August 12th. From 9:00 am to 11: 50 am the Executive Committee Meeting will be conducted in Mardi Gras Ballroom A of the New Orleans Marriott Hotel. This will be a *closed meeting* for Division 56 Council Members only. The Business Meeting will convene in the Jasperwood Room of the Hilton New Orleans Riverside Hotel from 3:00 pm to 3:50 pm. From 9:00 pm to 11:30 pm that evening the Social Hour/Welcoming Reception will be in La Galeries 3 of the New Orleans Marriott Hotel. Haworth Press is graciously providing a delicious assortment of refreshments and desserts for our enjoyment during throughout the evening and a cash bar will be available as well. We hope you will join us, the Public Interest Directorate, and the Divisions for Social Justice in celebrating APA's newest Division!

Whether one considers it the first official program of the Division of Trauma Psychology or the seventh annual meeting of the organization previously known as the Trauma Interest Group, the 2006 APA Convention will unquestionably be a historic occasion for trauma psychologists. The resonance of the event will be poignantly magnified by the coincidence that this convention will take place in New Orleans, a city still struggling to recover from the traumatic impact of Hurricane Katrina. Please join us in marking this milestone, in supporting New Orleans in its resurgence, and in celebrating the culmination of the six-year-long odyssey to establish an APA trauma division.

Science Committee

Science Committee Mission

Jennifer Freyd, PhD, Chair, Science Committee

The Science Committee of Division 56 is concerned with all aspects of the scientific study of psychological trauma. With help from Division 56 members, and as time permits, we will monitor the state of the field, identify areas of need for research, funding, and dissemination, and look for ways to help provide informational resources to Division members. We look forward to collaborating with the Practice Committee and fostering cross-fertilization between science and practice

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perspectives. We expect to recommend individuals to be put forward for fellow status, and to encourage scientists to run for office. We are available to respond to issues that are identified by the Executive Council, and to initiate special projects for which a task force would be recruited.

We will be responsible for authoring and/or soliciting summary articles for the Division newsletter (and archived on the Division web site) that addresses such topics as (1) articulating the scope of psychological traumas (e.g., war, disaster, and intentional traumas such as child abuse and interpersonal violence); (2) highlighting our current state of knowledge regarding physical and mental health impact of trauma, (3) providing practical and conceptual guidelines regarding ethics in trauma research, and (4) identifying the need for significantly increased and coordinated funding for research on the causes, consequences, mechanisms, prevention, and treatment of child abuse, interpersonal violence, and trauma.

We welcome input from Division 56 members.

Student Affairs Committee

Voices from the Classroom: An Important Message and Call-to-Action for All Students Interested in Research or Practice Related Issues Within the Trauma Field

Emily Jacobs, MA, and Kathryn Dale, MA Co-chairs, Student Affairs Committee

As the Co-chairs of the newly established (and currently developing!) Student Affairs Committee of Division 56, we would like to invite you, the future professional participants and leaders in this field, to become an active part of our growing cohort.

Specifically, our student group hopes to foster scientific and clinical learning through a nationwide network of fellow students to have a forum to share in collegial dialogue with one another. Another goal of the division's Student Affairs Committee is to create a forum in which we can stimulate current academic conversations and happenings regarding cutting-edge work within the field of trauma. In so doing, we strive to enhance our scientific and clinical understanding, learning, practice, and advocacy skills. We also hope to establish weekly trauma focused reading and discussion groups, on both local and national levels. With these activities, we can remain on the forefront of emerging and seminal literature, practice parameters, events, and policy issues; to stimulate, support, and encourage our peers' research and practice; and to offer a variety of viewpoints and experiences.

The Student Affairs Committee will provide a unique forum to expand our knowledge and skills base as we work towards developing and demonstrating our expertise as scientists and practitioners with regards to the many aspects of trauma psychology. We invite you to share challenges and triumphs, questions or papers, experiences with faculty and fellow students, and even creative works pertinent to our study in the field. Submissions for publication in the TRAUMA **PSYCHOLOGY NEWSLETTER** are encouraged as well.

Please join us at this exciting time and opportunity by (1) submitting a Membership Application, indicating your student status, to join Division 56. This will then make you eligible to (2) join our Committee of Students by e-mailing Emily Jacobs (emily.jacobs@nyu.edu) or Kathryn Dale (kad265@nyu.edu).

We look forward to the arrival of your membership application to Division 56 and an e-mail to one of us so that we may learn more about your interests and discuss how to best get you involved at this exciting time for Division 56!

Special Skills Needed

Have a particular expertise, experience, and interest in Web Design, Graphic Design, and/or Desktop Publishing? Please contact Laura Brown (Isbrownphd@cs.com) or Topher Collier (DrTopherCollier@aol.com).

Active Membership Needed— Join a Committee!

Division 56 is looking for all Members interested in becoming more active within the Division.

If you would like to **Chair a Committee** that is presently not filled, please contact Dr. Judie Alpert (judie.alpert@nyu.edu) with a letter of interest and your vita.

For individuals interested in working on a specific committee as a Committee Member please contact the committee chair directly via e-mail by sending a letter of interest and a vita as well.

Division 56 Debuts in the Big Easy

Division of Trauma Psychology Convention Programming Preview

Symposium

Treating Traumatized Children and Families

Friday, August 11, 4:00 PM–5:50 PM Ernest N. Morial Convention Center

Judith Alpert, PhD, Chair/Discussant President, Division 56 New York University New York, NY Judie.alpert@nyu.edu

Robert Geffner, PhD, Co-Discussant President-Elect, Division 56 Institute on Violence, Abuse and Trauma Alliant International University San Diego, CA bgeffner@pacbell.net

Mary Gail Frawley O'Dea, PhD, Particpant Private Practice Charlotte, NC Title: Treating Survivors of Clergy Abuse and Their Families: Trauma and Spiritual Bereavement mgfod@aol.com

Jennifer J. Freyd, PhD, Particpant University of Oregon Eugene, OR Title: Using Research to Inform Trauma Treatment: Insights from Betrayal Trauma Studies jjf@dynamic.uoregon.edu

Terence Keane, PhD, Particpant Boston University School of Medicine VA Boston Healthcare System Boston, MA Title: Innovations in Treatment Returning OIF/OEF Combat Veterans and their Families Terry.keane@med.va.gov

Melba J. T. Vasquez, PhD, Particpant Private Practice Austin, TX Title: Why Cross-Cultural Competence Must Inform Trauma Treatment of Children and Families melvasquez@aol.com

Lenore Walker, EdD, Particpant Nova Southeastern University Center for Psychological Studies Fort Lauderdale, FL Title: Treating Battered Mothers and Their Traumatized Children

Division Meetings

Executive Committee Meeting

Closed Meeting for Division 56 Council Members Only Judith L. Alpert, PhD (President) Saturday, August 12, 9:00 AM–11:50 AM New Orleans Marriott Hotel Mardi Gras Ballroom A

Business Meeting

Open Meeting to all Division 56 Members

Judith L. Alpert, PhD (President) Saturday, August 12, 3:00 PM–3:50 PM Hilton New Orleans Riverside Hotel Jasperwood Room

Inaugural Reception and Social Hour

Welcoming Reception for the new Division 56, the Division of Trauma Psychology, with the Public Interest Directorate and Divisions for Social Justice Refreshments and desserts generously provided and sponsored by Haworth Press. Cash bar available. Please join us in a celebratory toast for APA's newest Division (56), Trauma Psychology! Saturday, August 12, 9:00 PM–11:30 PM New Orleans Marriott Hotel La Galeries 3



New Orleans skyline

Proposed Bylaws Division of Trauma Psychology (56) (A Division of the American Psychological Association)

Article I Name and Purpose

- A. The name of this organization shall be the Division of Trauma Psychology [a division of the American Psychological Association]
- B. The purpose of this Division shall be to promote the general objectives of the APA and the development of the field of psychological study of trauma and disaster in its scientific, professional, educational, and public policy development aspects; and to advance scientific inquiry, training and professional practice in the area of trauma treatment as a means of furthering human welfare.

Article II Membership

- A. There shall be five categories of membership in the Division: Member, Fellow, Associate, Professional Affiliate and Student Affiliate.
- B. Members, Fellows, and Associates shall hold equivalent status in the American Psychological Association.
- C. The category of Professional Affiliate is open to professionals who are non-members of the APA who wish to affiliate with the Division.
- D. The category of Student Affiliate is open to students enrolled in a graduate or undergraduate program in psychology, social work, or related field.
- E. Members, Associates and Fellows shall be entitled to the following rights and privileges:
 - 1. To attend and participate in the meetings of the Division and to receive its publications
 - 2. To hold office, serve on committees of the Division and vote in its elections
- F. To qualify as a Fellow, an individual shall be:
 - 1. A Member of the Division
 - 2. Nominated to the category of Fellow by the Division's Committee on Fellows, following standard procedures utilized by the American Psychological Association
- G. Student Affiliates shall be entitled to the following rights and privileges:
 - 1. To attend and participate in the meetings of the Division and to receive its publications
 - 2. To vote for the Student Representative to the Division Council and to serve as student members of committees
- H. Professional Affiliates shall be professionals in the field of trauma studies who are not members of the APA. They shall be entitled to the following rights and privileges:
 - 1. To attend and participate in the meetings of the Division and to receive its publications

2. To vote for the Professional Affiliate Representative to the Division Council and to serve as members of committees

Article III Officers

- A. The Officers of the Division shall be a President, President-Elect, Past-President, Secretary and Treasurer. The term of office of President, President-Elect and Past-President shall be one year. The term of office of Secretary and Treasurer shall be three years, with staggered terms.
- B. All officers shall be a Member, Fellow, or Associate Member of the Division.
- C. The President-Elect shall succeed to any unexpired term of a President who is unable to serve her/his full term.
- D. The Secretary shall keep and disseminate minutes of all business meetings of the Division, shall update the Division's policies and procedures, shall assist the President in preparing the agenda for meetings, shall coordinate the Division's listserv with the Membership Committee Chair, shall coordinate with the Division Services Office of the American Psychological Association, and shall perform all other usual duties of a secretary. The secretary also coordinates any conference calls of the Council or Executive Committee.
- E. The Treasurer shall prepare the budget of the Division, shall oversee custody of the funds and property of the Division, shall disburse and receive funds, shall serve as chair of the Finance Committee, and shall perform all other usual duties of a Treasurer.
- F. Officers shall assume their positions on January 1 of each calendar year.
- G. The Secretary and Treasurer may each run for two consecutive terms.

Article IV Division Council

- A. There shall be a Council of the Division. Its membership shall consist of the following persons:
 - a. The elected Officers of the Division
 - b. Representative(s) to the APA Council of Representatives to be elected to a three-year term, renewable for 1 term
 - c. Three members at large, of whom one will be chosen for diversity from a slate of historically under-represented members of the trauma field, to be elected to two-year staggered terms, renewable for two terms
 - d. The Student Representative, to be elected to a two-year term, renewable for one term
 - e. The Professional Affiliate Representative, to be elected to a two-year term, renewable, for one term
 - f. The Editor of the Division's Newsletter to be appointed by the Executive Committee to a three-year term, renewable for one term
 - g. The Editor of the Division's Journal, if applicable, for a three year term, renewable for two terms

- h. Chairs of all Committees of the Division, for a one year term, renewable if appointed by the incoming President of the Division
- i. Web Master, for a three year term, renewable for two terms
- B. The Council shall meet at least twice yearly, with one meeting occurring at the time and place of the annual convention of the American Psychological Association. The second meeting may be conducted in a conference call. Conference calls are to be coordinated by the Secretary. Additional meetings may be called as needed by the President with the concurrence of a majority of the members of the Council.
- C. There shall be an annual open business meeting of the Division held during the annual convention of the American Psychological Association.
- D. Only members of the Council may vote at Council meetings.
- E. There shall be an Executive Committee of the Council. The Executive Committee is authorized to make decisions on behalf of the Division as needed between regularly scheduled business meetings. The Executive Committee shall meet on the call of the President or of any of the four other Officers. The membership of the Executive Committee shall consist of the following persons:
 - a. The elected Officers of the Division
 - b. The Members at Large
 - c. The Student Representative
 - d. The Professional Affiliate Representative
 - e. The APA Council Representative(s)
- F. Any Officer or Council member may be removed from office before the expiration of her/his term by a 2/3 vote of the members present at a Council meeting if, in the opinion of the Council, it appears that the best interests of the Division are not being served by the person in question.

Article V Committees

- A. The Committees of the Division shall consist of such Standing Committees as are provided by these Bylaws, such ad hoc committees as shall be established by the President with the concurrence of the Executive Committee, and such task forces or working groups as shall be established as a prerogative of the President. Meetings of committees are open to all members of the Division unless an executive session is declared by a 2/3vote of the committee members. The Chair of any committee shall cast a vote only in the case of a tie. Chairs of ad hoc committees, task forces or working groups must be Members, Fellows or Associates of the Division unless otherwise specified in these Bylaws. The Chairs of the Committees are appointed by the President with the concurrence of the Executive Committee, unless they are specified as part of these Bylaws, and shall serve a term of one year that may be renewed by the incoming President.
- B. The Standing Committees shall be as follows:
 - a. Finance Committee. This committee shall be chaired by the Treasurer of the Division, and shall consist of the Past-President, one Member-at-Large, and an additional person appointed by the President. The Finance Committee shall receive and make recommendations to the Executive Committee on all budgetary requests over \$100.00

- b. Program Committee. This committee shall be chaired by an individual initially appointed by the President, and shall consist of a Co-Chair appointed by the President-Elect who will become chair in the following year, the immediate Program Past Chair, and those members of the Division chosen by the Chair as needed or desired. This Committee shall be responsible for soliciting, evaluating, and selecting scientific and professional contributions to be presented as part of the Division's annual meeting program, in coordination with the Board of Convention Affairs of the American Psychological Association
- c. Nominations and Elections. This Committee shall be chaired by the Past President, and include an individual appointed by the President, and an individual appointed by the President-Elect. It shall be responsible for soliciting nominations for elected offices in the Division, conducting elections in coordination with the Elections Office of the American Psychological Association, and preparing proposed changes to the Division's by-laws for vote as needed. If there is no Past President available, the Executive Committee may select a person to Chair this committee.
- d. Fellows Committee. This Committee shall be chaired by an individual appointed by the President. This individual shall hold the rank of Fellow in the American Psychological Association. The committee shall consist of such additional members as are chosen by the Chair, providing that those individuals also hold the rank of Fellow in the APA. This committee shall be responsible for soliciting and evaluating applications for Fellow status in the Division, and communicating those recommendations to the Membership Committee of the APA.
- e. Student Affairs Committee. This Committee shall be chaired by the elected Student Representative, and shall consist of any student members of the Division. It shall be responsible for coordinating activities with APAGS, and for developing programming for student members of the Division in coordination with the Council.
- f. Diversity and Multicultural Concerns Committee. This Committee shall be chaired by the Member-at Large for Diversity from an under-represented group in the trauma field. The Chair should appoint a Co-Chair who should either: a) be a member of a historically underrepresented group in the field of trauma studies, such as people of color, lesbians and gays, people with disabilities, or b) have a demonstrated history of activism for the inclusion of historically underrepresented groups. This Committee shall be responsible for representing issues of diversity and multicultural concerns to the Division.
- g. Publications Committee. This Committee shall be co-chaired by the Editors of the Division Newsletter, who is appointed by the President, and the Editor of the Division's Journal if applicable. This Committee shall be responsible for the preparation and publication of the Division's official publications, and for developing standards for the acceptance of printed materials for approval by the Council.
- h. Membership Committee. This Committee shall be chaired by an individual appointed by the President, and shall consist of such individuals chosen by

the Chair. It shall be responsible for membership recruitment and retention, and coordinate the membership list with the APA Office of Division Services, if appropriate.

- i. Practice Committee. This Committee shall be chaired by an individual appointed by the President and include those individuals chosen by the Chair. It shall be responsible for responding to requests related to practice by the President or Executive Committee. These requests may involve the development of positions, standards, or conceptualization of issues for approval by the Council. The Committee may also identify issues of concern related to practice to the Executive Committee.
- j. Science Committee. This Committee shall be chaired by an individual appointed by the President and include those individuals chosen by the Chair. It shall be responsible for responding to requests related to science by the President or Executive Committee. These requests may involve the development of positions, standards, research, or conceptualization of issues for approval by the Council. The Committee may also identify issues of concern related to Science to the Executive Committee.
- k. Education and Training Committee. This Committee shall be chaired by an individual appointed by the President and include those individuals chosen by the Chair. It shall be responsible for encouraging education and training at doctoral and post-doctoral levels in the science and practice of trauma studies.
 - i. There shall be a Sub-Committee on Continuing Professional Education. It shall be chaired by an individual appointed by the President and include those individuals chosen by the Chair. It shall be responsible for the development and offering of continuing education programs related to the psychological study of trauma. It shall report to the Education and Training Committee.
- 1. Awards Committee. This committee shall be Chaired by a Member at Large and shall consist of an individual chosen by the President and an individual appointed by the President-Elect. It shall be responsible for the development and recommendation of awards by the Division, for the creation of awards criteria, and for the appointment of ad hoc committees to select recipients of awards.
- C. In addition to its responsibilities for carrying out those operations specified in Article V. Section B of these By-laws, each Committee shall have the privilege of recommending procedures, new policies or policy changes and/or amendments to these By-laws to the Council.
- D. It shall be the responsibility of the Chair of each Standing Committee and ad hoc committee, task force, or working group to submit a written report on its operations and recommendations to the Council yearly, during the meeting of the Council at the APA convention. Additional reports may be requested as needed by the President.
- E. The Council is empowered to authorize the formation of ad hoc committees to accomplish the goals of the Division.
 - a. Each ad hoc committee shall have a specific charge for a specified period of time and shall be subject to annual review.
 - b. Chairs shall be appointed by the President in consultation with the Executive Committee, and shall be empowered to choose committee members.

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- F. The President is empowered to authorize the formation of ad hoc task forces or working groups to accomplish the goals of the Division. The President is empowered to also appoint Liaisons to national or international organizations or agencies as needed, with the concurrence of the Executive Committee.
 - a. Each ad hoc task force or working group shall have a specific charge for a specified period of time and shall be subject to annual review.
 - b. Chairs shall be appointed by the President and shall be empowered to choose committee members.

Article VI Nominations and Elections

- A. The Committee on Nominations and Elections, as described in Article V Section B part c shall solicit nominations via a nominating ballot distributed to all members of the Division by February 15th, as well as via other means (e.g., Division listserv and Website).
- B. There shall be a minimum of two candidates for each elective office. If, once nominations are tallied, there is an insufficient number of candidates, the committee is empowered to directly solicit individuals to run for office and place them on the ballot.
- C. Officers of the Division shall be elected by a plurality vote of the members on a mail ballot on which the names shall appear in alphabetical order. The Hare system of ranking candidates shall be utilized.
- D. The Committee is responsible for certifying and reporting the results of the election to the Division Council, to all those whose names appeared on the ballots, and to the Division through the Newsletter and Website.
- E. In the case of death, incapacity, or resignation of any elected officer except for President, the vacant office shall be filled by a vote of the membership to occur within 90 days of the vacancy of the office. In the case of death, incapacity or resignation of the President, that vacant office will be filled by the President-Elect.

Article VII Meetings

- A. The Division shall hold an annual scientific and professional meeting at the time and place of the annual convention of the American Psychological Association, in the form of divisional programming for the APA Convention. The purpose of this meeting shall be the presentation of scientific papers and the discussion of professional matters in the fields of the Division's interests.
- B. There shall be one open Membership Business meeting of the Division to occur in conjunction with the annual convention of the APA. All members in all categories of membership are eligible to attend, participate, and to submit items to be considered by the Executive Committee for placement on the agenda for discussion. Such items must be submitted to the Secretary no less than 14 days prior to the start of the Membership Business meeting.

C. Other scientific, professional and/or business meetings of the Division may be called by the President with the concurrence of the Executive Committee.

Article VIII Finances

- A. The assessment of any membership dues or special fees shall be recommended by the 2/3 vote of the Division Council.
- B. The Executive Committee, on recommendation of the Finance Committee and Treasurer, shall endorse an annual budget of anticipated income and expenditures, which shall be presented for review and approval of the members at the annual Membership business meeting.
- C. Disbursement of the funds of the Division shall be made as follows:
 - a. The President shall authorize disbursements within the amounts of the approved budget which are consistent with the Bylaws of the Division and of the APA.
 - b. The Treasurer, with the concurrence of the Finance Committee, is authorized to reallocate unexpended funds from one category to another, provided only that the total expenses for the year are not exceeded.
 - c. Once a budget has been approved, disbursement of any amount for items not contained in the approved budget but for purposes consistent with the objectives of the Division may be authorized by a 2/3 vote of the Executive Committee, provided only that such expenditure will not require an increase in the approved dues assessment during the fiscal year in which it shall be made.
- D. The Treasurer is authorized to open bank accounts and sign checks on behalf of the Division and to direct the disbursement of funds. The President is also authorized to sign checks on behalf of the Division.
- E. All contracts and other financial documents, other than checks, necessary to undertake programs approved by the Council in accordance with these Bylaws shall be jointly executed by the President and/or Treasurer.
- F. In the event of the dissolution of the Division, all unencumbered funds in the Division treasury at that time will be turned over to the APA.

Article IX Amendments

A. These Bylaws shall be amended either by mail or verifiable electronic ballot. An amendment to these Bylaws may be proposed by a majority of the Council or by a petition of 3% or 25 members, whichever is greater, presented to the Council. The proposed amendments will be disseminated to the members via a method approved by the Council, with a voting period of 60 days. Unless amendment is urgent, all proposed amendments to these Bylaws must be submitted for a vote at the time of Division elections. An affirmative vote of a simple majority of votes cast shall be required to ratify the amendment which shall be effective immediately.

Attention

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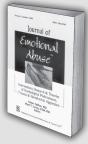
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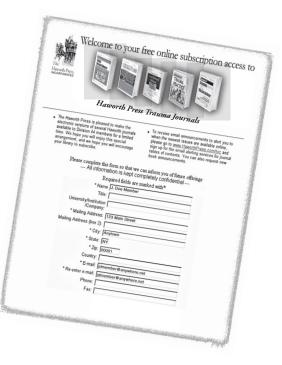
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Contact Division 56 for details:

Sandra Mattar, PsyD Membership Chair John F. Kennedy University 100 Ellinwood Way Pleasant Hill, CA 94523 Tel: (925) 969–3405 Email: Smattar@jfku.edu

MEMBERSHIP APPLICATION	APA Membership Status Member \$15 Derofessional Affiliate Fellow \$15 Student Affiliate Associate \$15	TOTAL	t of	ical ADDRESS Cal CITY. STATE. ZIP	EMAIL	t of PHONE Ither a	ch and a Method of Payment	00	.4 X .	1	CH CKEDII CARD NO. EXPIRATION DATE		ducation. Stenatuke	Haworth Press is offering Division 56 members a 20 percent discount on the journals listed below.	JOURNAL U.S. CANADA INT'L	Journal of Psychological Trauma (Formery Journal of \$38.40 \$52 \$\$56 \$_ of Trauma Practice)	Dissociation \$64.80 \$69.60	Journal of Aggression Maltreatment and Trauma \$76.80 \$103.68 \$111.36 \$_ 2		Journal Total	Membership Total (from top)	Please register online at www.apatraumadivision.org, fax this application to (925) 969-3401, or mail the completed application with your payment to:
56	sychology	refugee, torture survivors, prisoners of war, community violence and occupational traumatic stress; exploration	of underlying principles leading to the development of psychopathology disability and distress resilience.	and mental and physical health; integration of clinical	Anownedge and research. Academic Support: Support for academic researchers	studying these diverse areas; possible development of an integrative journal for the field in an effort to further a	more practice-informed approach to trauma research and	more scientifically-informed approach to trauma practice.	Funding: Work in conjunction with federally-funded centers of excellence to support clinicians, researchers	and students in the field.	Prevention: Develop and support prevention research	and practice.	Public Education: Projects working towards public education.	Publications: Producing materials on a wide range of trauma-related tonics		Membership Benefits	» Members keep up-to-date on the latest developments		Mentioers also get ZO percent discounts on journals in the field of trauma	» A Trauma newsletter	» Participation in the Division's annual meetings	» Voting privileges to elect representatives

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Mission of Division 56 Trauma Psycholog

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study of trauma and disaster in its scientific, professional, scientific research, professional and public education and the exchange of collegial support for professional and research as a means of furthering human welfare. also helps to advance scientific inquiry, training, and Psychological Association (APA) provides a forum for professional practice in the area of trauma treatment educational, and public policy aspects. The Division further the development of the field of psychological The Division of Trauma Psychology of the American activities related to traumatic stress. Our goal is to

We welcome all psychologists and other individuals in the mental health and other fields who have an interest in trauma psychology.

Services to APA and its Membership

sharing of expertise in the area of traumatic stress Iraining: Training, developing knowledge and exposure and PTSD.

development of an integrative journal for the field in an improving culturally sensitive service delivery in mental effort to further a more practice-informed approach to approach to trauma practice; opportunity for scientistand physical health for people with trauma exposure; Health Service Delivery and Research: Work toward trauma research and a more scientifically-informed practitioners, practitioners, and scientists to work cogether to develop knowledge about trauma

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rape, domestic violence, child physical and sexual abuse, integration of diverse areas of study such as: combat, Consideration and Integration: Consideration and

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